



CERTIFICATE OF PARTICIPATION

This is to certify that

Anouk Heuer

Has successfully participated & completed the
42km The Spar Knysna Forest Marathon
held at Knysna.

TIME 05:21:36

PACE 07:39/km

**GENDER 138 of
271**

OVERALL 463 of 834

**SENIOR (20- 71 of 134
39)**



08 July 2023, Sat

Date

BoutTime

Signature

